

BASIC BODY PIERCING COURSE

Class Outline – Day 1

- 12:30 p.m.** Introduction and Background of Instructor and students
- 1:00 p.m.** History of body piercing
- 1:30 p.m.** Hand out piercing kits to students
- 1:45 p.m.** **BREAK**
- 2:00 p.m.** Piercer's responsibilities
- 2:30 p.m.** Explanation of piercing kits and use of equipment

Day 2

- 12:30 p.m.** Sterilization and sanitation procedures
- 1:15 p.m.** 4 P's of professional piercing
- 1:30 p.m.** **BREAK**
- 1:45 p.m.** 4 P's of professional piercing continued
- 2:15 p.m.** Ear piercing and jewelry considerations

Day 3

- 12:30 p.m.** Eyebrow piercing and jewelry considerations
- 1:00 p.m.** Nostril piercing and jewelry considerations
- 1:15 p.m.** **BREAK**
- 1:30 p.m.** Nostril piercing continued
- 1:45 p.m.** Navel piercing and jewelry considerations

Day 4

- 12:30 p.m.** Average healing times
- 1:15 p.m.** **BREAK**
- 1:30 p.m.** General aftercare guidelines
- 2:00 p.m.** Body piercing hints and tips / disclaimer

Day 5

- 12:30 p.m.** Final Exam
- 1:00 p.m.** Practical (Do 2 piercings)